Let's work!

Guiding Actions for Climate Change and Environmental Sustainability.

Now that we have learned about climate change and environmental sustainability, let us use think on how we can identify and take the next steps for addressing climate change and working towards environmental sustainability in your Quality of Life journey:

1. Identify the supporting and limiting factors for climate change and environmental sustainability.

What are supporting factors?

Supporting factors are conditions, resources, or circumstances that positively contribute to an individual's quality of life. These factors provide support and opportunities, enhancing an individual's ability to lead a fulfilling and satisfying life.

What are limiting factors?

Limiting factors are conditions or barriers that negatively impact an individual's quality of life, creating challenges that hinder their well-being and life satisfaction.

Use the table below to list the supporting and limiting factors that impact climate change as per your knowledge and experience:

Supporting Factors	Limiting Factors

2. Identify stakeholders for climate change and environmental sustainability

Identifying and understanding the individuals, groups, or organisations that have an interest or influence in a particular cause or issue affecting young people. It helps create a comprehensive picture of key players, their perspectives, and their potential impact on the advocacy efforts.

For example: In Rohan's story, one of the key stakeholders for Rohan could be his local community leader who can directly influence decisions related to the environment where Rohan lives.

Other stakeholders can be community members, local government, companies, local NGOs, etc. You can identify stakeholders based on the scale of the problem that needs to be addressed. They can be at local, regional, national and even international level.

Use the space below to list stakeholders who have an interest in and influence over climate change and environmental sustainability in the space below:

3. Use the worksheet attached at the end of the Quality of Life resource kit

under *Joining the Dots* to learn how to draft an advocacy plan for climate change and environmental sustainability.